

# ACTIVITIES PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	<b>EXTRA ACTIVITIES - ON DEMAND -</b> <ul style="list-style-type: none"> <li>● <b>KIDS SWIMMING Lessons</b> <i>Individual class _35€ / 35min.</i></li> <li>● <b>KIDS DANCE Lessons</b> <i>Max. 3 kids per class _60€/ hour</i></li> <li>● <b>PERSONAL FITNESS Training</b> <i>Max. 3 persons per class _60€/ hour</i></li> <li>● <b>TENNIS /PADEL Lessons</b> <i>Group class _40€/ person / hour Individual class _75€/ hour</i></li> <li>● <b>COURT Rentals</b> <i>Tennis _30€/ hour + 5€/ equipment set / hour Padel _70€/ 90min. (equipment included)</i></li> </ul>
<p>09.15 – 10.00</p> <p><b>PILATES</b> (location: beach deck)</p> <p>12.30 – 13.30</p> <p><b>BEACH VOLLEY</b></p> <p>16.00 – 16.45</p> <p><b>STRETCHING</b> (location: GYM)</p> <p>17.30 – 18.30</p> <p><b>ARCHERY</b></p>	<p>07.30 – 09.00</p> <p><b>HIKING**</b></p> <p>11.30 – 12.30</p> <p><b>BEACH SOCCER</b></p> <p>12.30 – 13.30</p> <p><b>BEACH VOLLEY</b></p> <p>17.30 – 18.30</p> <p><b>ARCHERY</b></p> <p>18.30 – 19.30</p> <p><b>FOOTBALL / BASKET</b></p>	<p>09.15 – 10.00</p> <p><b>PILATES</b> (location: beach deck)</p> <p>12.30 – 13.30</p> <p><b>BEACH VOLLEY</b></p> <p>16.00 – 16.45</p> <p><b>FUNCTIONAL TRAINING</b> (location: GYM)</p> <p>17.30 – 18.30</p> <p><b>ARCHERY</b></p>	<p>07.30 – 09.00</p> <p><b>HIKING**</b></p> <p>11.30 – 12.30</p> <p><b>BEACH SOCCER</b></p> <p>12.30 – 13.00</p> <p><b>AQUA FITNESS</b> (main pool)</p> <p>17.30 – 18.30</p> <p><b>ARCHERY</b></p> <p>18.30 – 19.30</p> <p><b>FOOTBALL / BASKET</b></p>	<p>09.15 – 10.00</p> <p><b>YOGA</b> (location: beach deck)</p> <p>11.30 – 12.30</p> <p><b>BEACH SOCCER</b></p> <p>12.30 – 13.00</p> <p><b>AQUA FITNESS</b> (main pool)</p> <p>16.00 – 16.45</p> <p><b>CIRCUIT TRAINING</b> (location: GYM)</p> <p>16.00 – 16.45</p> <p><b>ABS WORKOUT</b> (location: GYM)</p> <p>17.30 – 18.30</p> <p><b>ARCHERY</b></p>	<p>07.30 – 09.00</p> <p><b>HIKING**</b></p> <p>11.30 – 12.30</p> <p><b>BEACH SOCCER</b></p> <p>12.30 – 13.00</p> <p><b>AQUA FITNESS</b> (main pool)</p> <p>16.00 – 16.45</p> <p><b>CIRCUIT TRAINING</b> (location: GYM)</p> <p>17.00 – 18.00</p> <p><b>BEACH VOLLEY</b></p> <p>18.30 – 19.30</p> <p><b>FOOTBALL / BASKET</b></p>	<p>09.15 – 10.00</p> <p><b>YOGA</b> (location: beach deck)</p> <p>11.30 – 12.30</p> <p><b>BEACH SOCCER</b></p> <p>12.30 – 13.00</p> <p><b>AQUA FITNESS</b> (main pool)</p> <p>17.00 – 18.00</p> <p><b>BEACH VOLLEY</b></p> <p>18.30 – 19.30</p> <p><b>FOOTBALL / BASKET</b></p>	

- **HIKING:** Pre-booking required at reception until 8pm the day before the activity. Free of charge. Easy forest route 6-7km. Meeting point at reception.
- **FITNESS CENTER:** Operating Hours 08.00 – 20.00. Free of charge for hotel guests. For security reasons, children under the age of 16 are not allowed.
- **E-BIKES** rental available via the "Unicorn Mobility" application. Scan the QR code on the bikes to find out more.

