

ANIMATION PROGRAM



MIRAGGIO
THERMAL SPA RESORT

07:15-08:45	Hiking Easy
09:00-09:45	Morning Gymnastic
09:00-09:45	Cardio Tennis
10:00-10:45	Yoga / Pilates
10:00-12:00	Family Games & Sports
10:00-10:45	Aqua Bike
11:00-12:15	Beach Volley
11:00-12:00	Aqua Fitness
12:00-13:00	Dance
17:00-18:00	Football / Basketball
17:00-19:00	Hiking Leisure
18:00-19:00	Tennis / Archery
18:00-19:00	Archery / Tennis
19:00-19:30	Stretching

ADULTS - TEENAGERS

