ACTIVITIES PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	EXTRA ACTIVITIES
							- ON DEMAND -
	07.30 - 09.00		07.30 - 09.00		07.30 - 09.00		
	HIKING**		HIKING**	09.30 – 10.15	HIKING**	09.30 – 10.15	
09.30 – 10.15		09.30 – 10.15		PILATES (location: beach		PILATES (location: beach deck)	KIDS SWIMMING LESSONS Individual class _35€ / 35min.
STRETCHING		PILATES	11.00 – 12.00	deck)	11.00 – 12.00	22214	
(location: beach deck)	11.00 – 12.00	(location: beach deck)	BEACH		BEACH	11.00 – 12.00	
	BEACH		SOCCER	12.30 – 13.00	SOCCER	BEACH	TENNIS LESSONS
	SOCCER			AQUA		SOCCER	Group class _40€ / person / hour
14.00 – 15.00		13.00 – 14.00	12.30 – 13.00	ZUMBA (main pool)			Individual class _75€ / hour
PING PONG TOURNAMENT		BEACH VOLLEY	AQUA	(main poor)	12.30 – 13.00	12.30 – 13.00	
TOOKNAMENT	16.00 – 16.45	VOLLET	FITNESS		AQUA FITNESS	AQUA ZUMBA	O DEDCOMAL ETTMESS TRAINING
	FUNCTIONAL		(main pool)	13.00 – 14.00	(main pool)	(main pool)	PERSONAL FITNESS TRAINING Max. 3 persons per class _60€/ hour
40.00 40.00	TRAINING (location: GYM)			BEACH			riax. 3 persons per class _ooe, riour
16.30 – 18.00	(155445111 5 1 111)	16.30 – 18.00	16.00 – 16.45	VOLLEY	16.00 – 16.45	13.00 – 14.00	
FOOTBALL / BASKET		FOOTBALL / BASKET	STRETCHING		CIRCUIT	BEACH VOLLEY	DANCE LESSONS
			(location: GYM)	16.30 – 18.00	TRAINING		For adults or kids.
	17.30 – 18.30			FOOTBALL /	(location: GYM)	17.30 – 18.30	Max. 3 persons per class _60€/ hour
	ARCHERY		17.30 – 18.30	BASKET		ARCHERY	
			ARCHERY				

- E- Bikes Rental available via the application of Unicorn Mobility. Scan the QR code on the bikes to find out more.
- **Tennis Courts Rental**: Operating Hours 08.00 22.00 (upon request). 30€/ hour + 5€ / equipment set / hour.
- Fitness Center: Operating Hours 08.00 20.00. Free of charge for hotel guests. For security reasons, children under the age of 16 are not allowed.

**HIKING: Pre-booking required at reception until 8pm the day before the activity. Free of charge. Easy forest route 6-7km. Meeting point at reception.