

Animation Program

Hour	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 - 8:30	Hiking	Olympus Hiking	Hiking	Hiking	Hiking	Hiking	n/a
9:00 - 9:45	Wake up your body	Yoga	Wake up your body	Pilates	Yoga	Wake up your body	Pilates
10:00 - 10:45	Indoor Functional training	Indoor Functional training	Indoor Functional training	Indoor Functional training	Indoor Functional training	Indoor Functional training	Indoor Functional training
11:30 - 13:00	Pool Games	Pool Games	Pool Games	Pool Games	Pool Games	Pool Games	Pool Games
12:30 - 13:00	Aqua Bike	Aqua Zumba	Aqua Bike	Aqua Zumba	Aqua Bike	Aqua Zumba	Aqua Bike
Personal training on demand (13:00-17:00)							
17:00 - 19:30	Cycling Tour	n/a	Cycling Tour	Cycling Tour	Cycling Tour	Cycling Tour	n/a
17:00 - 18:30	Beach Volley	Archery	Beach Volley	Archery	Beach Volley	Archery	Archery
17:00 - 19:00	Basket / Soccer	Basket / Soccer	Basket / Soccer	Basket / Soccer	Basket / Soccer	Basket / Soccer	Basket / Soccer
18:30 - 19:15	Pilates	Indoor Cross training	Indoor Cross training	Indoor Cross training	Pilates	Indoor Cross training	Indoor Cross training
8:00 - 20:00	Water Sports	Water Sports	Water Sports	Water Sports	Water Sports	Water Sports	Water Sports
8:00 - 22:00	Tennis	Tennis	Tennis	Tennis	Tennis	Tennis	Tennis
8:00 - 20:00	Gym Studio	Gym Studio	Gym Studio	Gym Studio	Gym Studio	Gym Studio	Gym Studio

*Charged Services with blue.

Miraggio Thermal Spa Resort

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